

The Benefits of Equi-librium

- **Therapy &
Education**
- **Responsibility**
- **Self-esteem**
- **Confidence**
- **Fun!**



*The mission of Equi-librium
is to empower individuals
with special needs
to reach their highest potential
through
horse-related activities.*



EQUI-LIBRIUM IS AN EDUCATIONAL IMPROVEMENT
ORGANIZATION UNDER THE PA DEPT. OF
COMMUNITY AND ECONOMIC DEVELOPMENT'S
EITC PROGRAM.

*The official registration and financial
information of Equi-librium may be obtained
from the Pennsylvania Department of State
by calling toll-free, within Pennsylvania,
1-800-732-0999. Registration does not imply
endorsement.*

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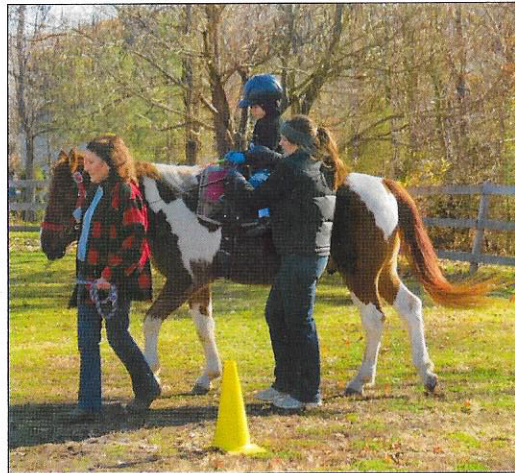
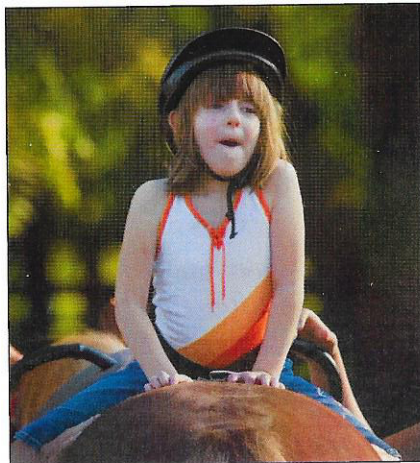
*Where
horses
give people
the opportunity
to achieve balance
in body, mind, and spirit.*

About Equi-librium

Equi-librium is a non-profit organization offering therapeutic horsemanship activities for children and adults with a broad spectrum of special needs. It was founded in 2001 to continue and expand the services formerly offered by Easter Seals' RISE program.

Therapeutic horsemanship activities are beneficial for those with physical disabilities, cognitive, behavioral and mental health issues and developmental delays. For individuals with physical disabilities, the rhythmic movement of the horse helps them loosen muscles and increase strength and flexibility. Posture, balance, attention to task and motor skills are enhanced by exercises done on the horse.

For those with emotional or psychological challenges, the combination of sport, education, therapy, recreation and leisure results in the improvement of behavior, communication, perception and social skills. In all cases, individuals work on specific goals designed to improve their daily living and coping abilities.



Our Programs

Equi-librium offers Hippotherapy, Equine-Assisted Learning, Therapeutic Driving, Sensory Integration & Movement Experience, Developmental Riding, Field Trips, Farm Visits, Silver Saddles Club, Equine Olympics and an inclusive Summer Camp.

Participants enroll in Equi-librium as individuals as well as through schools, human services agencies, and wellness and support groups. Participants come from primarily Lehigh, Monroe, and Northampton counties of Pennsylvania, and ages range from 2 to 84.

Programs are offered in group or private sessions year-round, and are conducted by a riding instructor certified by the Professional Association of Therapeutic Horsemanship (PATH) International or by a licensed/registered therapist.

Equi-librium programs are fully staffed for safety, with each participant having up to three volunteer assistants. Every participant is required to wear a protective helmet.

Want to Get Involved?

As a 501 (c)(3) non-profit corporation, Equi-librium depends on many volunteers, fees for service, special events, grants and donations. Making a contribution today will have a tremendous impact on the lives of the individuals we serve.

- I would like to make a tax-deductible donation.
- I would like to remain anonymous.
- I would like to donate a product/service
- I want to volunteer my time.
- Please put me on your mailing list.
- I would like information about registering a participant.

Name _____
Address _____
City _____ State _____ ZIP _____
Business _____
Phone _____
E-mail _____

Please return this portion of the brochure to

Equi-librium
524 Fehr Rd.
Nazareth, PA 18064

Thank you!!